

Name of the Program: - Public Interaction for Awareness amongst Slum Dwellers

Date: - 26th September 2018

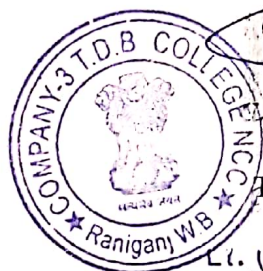
Venue: - East College Para near Primary Health Center.

TDB College NCC Coy – III organized a Public Interaction for Awareness amongst Slum Dwellers of East College Para near Primary Health Center.

The program started at 10am in the morning. All NCC cadets of Coy – III and Dr. Ganesh Rajak, the NCC officer participated in the program. Some local people also joined the awareness program. Dr. A.K. Dey the principal of our college was present on the occasion to raise awareness amongst the people.

The aim of the program was to find the risk factors and raise awareness amongst the people of the slum area. As these sorts of unplanned settlements are typically not connected to basic services such as clean water, sanitation and hygiene facilities, the slum residents are at great risk of contracting water-borne and respiratory diseases. The NCC officer Dr. Ganesh Rajak together with the NCC cadets raised concerns about health hazards due to unhygienic conditions in the slum area.

A.K. Dey
26/09/2018
Dr. A.K. Dey
Principal
TDB College, Raniganj
Principal
Triveni Devi Bhalotia College
Raniganj, Burdwan (W.B)


Lt. Dr. Ganesh Rajak
ANO
TDB College, Raniganj
Lt. Dr. Ganesh Rajak
Company Commander, Company-3
10 Bengal BN NCC
TDB College Raniganj

Name of the Program: - Safai Abhiyan Rally

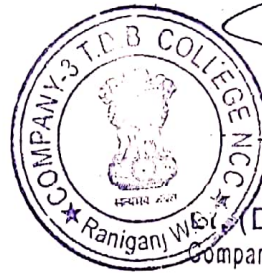
Date: - 28th September 2018

Venue: - Raniganj City Surrounding

TDB College NCC Coy – III organized a Safai Abhiyan Rally in the surrounding areas of Raniganj City. The program started at 10 am in the morning and went on till 4 p.m. evening. All NCC cadets of Coy – III and Dr. Ganesh Rajak, the NCC officer participated in the program. Dr. A.K.Dey the principal of our college was present on the occasion to motivate the people who participated in the rally. The aim of the program was to bring awareness to keep surroundings clean among community people residing in Raniganj City. The vision of Gandhiji that "Cleanliness is next to Godliness" was translated into action by bringing in community participation for clean toilets and integrated waste management to make Raniganj City open defecation free, zero waste, dust free, plastic free and green. NCC officer Dr. Ganesh Rajak together with the NCC cadets also reminded that it is also the entire citizens' responsibility to keep their surroundings clean. The community people were also encouraged to keep their surroundings clean.

A.K.Dey
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TDB College, Raniganj
Principal

Triveni Devi Bhalotia College
Raniganj, Burdwan (W.B)



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ANO
TDB College, Raniganj

Dr. Ganesh Rajak
Company Commander, Company-3
10 Bengal BN NCC
TDB College Raniganj,

Name of the Program: Cancer Awareness Rally

Date : 04.02.2019

Venue : Raniganj City Surrounding.

TDB College, Raniganj carried out a Cancer Awareness Rally on 04.02.2019. It was arranged by the NCC Coy -3 of the college. 65 cadets were present in that rally. Very enthusiastically, they had participated to spread awareness about the fatal disease. They were carrying placards with varieties kind of messages related to the awareness of cancer. NCC invited a few Doctors in order to convince the common people that though deadly, but still timely detection can prevent the disease and make the patient to be free from danger. NCC cadets demonstrated through hand written posters how to become bold and courageous in the process of fighting against cancer. They also highlighted the need and requirement of Yoga, Pranayam and Asanas in order to maintain the strength of mind. Some people joined the rally automatically because of its noble cause. The rally was ended with a positive note.

A. K. Dey
Dr. A.K.Dey

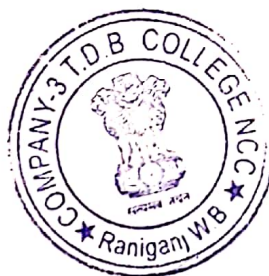
Principal
TDB College, Raniganj

Principal
Triveni Devi Bhalotia College
Raniganj, Burdwan (W.B)

Ganesh Rajak.
Lt. Dr. Ganesh Rajak
ANO

TDB College, Raniganj

Lt. (Dr , Ganesh Rajak
Company Commander, Company-3
10 Bengal BN NCC
T D B College Raniganj.



Name of the Program: Pollution Awareness Rally.

Date: 09.07.2019.

Venue : College Campus.

A Pollution Awareness Rally was organized by the NCC Coy -3 of TDB College, Raniganj on 9th July, 2019. In this occasion, 70 cadets participated under the guidance of ANO, Dr. Ganesh Rajak. The boys and girls had prepared posters based on the varieties issues of pollution. Slogans were also made about the rising population, cutting of trees, garbage, polluted water of rivers , domestic and industrial waste. They spoke about the necessity to avoid plastic. During the rally, the cadets raised the slogans related to the protection of environment. The NCC officer delivered a speech where he said that pollution is the introduction of harmful materials into the environment. They are known as pollutants. They can be natural as well as man made materials. In this way, he highlighted the nature of pollution. Cadets also spoke about air pollution, light pollution, plastic pollution, soil contamination, radioactive contamination, thermal pollution, visual pollution and water pollution. Participants had done their level best to spread the messages of awareness about pollution.

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Principal

TDB College, Raniganj
Principal

**Triveni Devi Bhalotia College
Raniganj, Burdwan (W.B)**

Ganesh Rajak.
Lt. Dr. Ganesh Rajak
ANO
TDB College, Raniganj

Lt. (Dr), Ganesh Rajak
Company Commander, Company-3
10 Bengal BN NCC
T D B College Raniganj



Name of the Program: - Fit India Online Campaign

Date: - 10th September 2020

Venue: - Activity done by Cadets at their surroundings.

TDB College NCC Coy – III organized the Fit India Online Campaign program in the surrounding areas of the Cadets. The program started at 10 am in the morning and continued till 4 p.m. evening. All NCC cadets of Coy – III and Dr. Ganesh Rajak, the NCC officer participated in the program. Dr. A.K. Dey the principal of our college was present online on the occasion to encourage the people who participated in the program. The aim of the program was to bring awareness to the citizens to stay healthy and fit by incorporating different types of physical activities and sports into their daily routine. All the participants were encouraged that staying fit will help us all to get freedom from obesity, laziness, stress, anxiety, and diseases. All the Cadets participated in various fitness activities such as skipping, exercising, plugging, dancing, climbing steps etc. with great potential which brought a change in daily life.

A.K. Dey 10/09/2020
Dr. A.K. Dey
Principal

TDB College, Raniganj

Principal

**Triveni Devi Bhalotia College
Raniganj, Burdwan (W.B)**



Lt. Dr. Ganesh Rajak
ANO. 1110

TDB College, Raniganj
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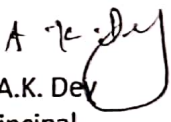
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T D B College Raniganj,

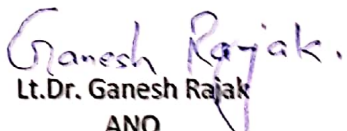
Name of the Program : International Yoga Day

Date : 21.06.2021

Venue. Activity done by Cadets at their home.

International Yoga Day was celebrated by the NCC cadets of TDB College, Raniganj on 21st June 2021. Due to Covid 19 pandemic, it was done through online mode. The cadets performed Yoga in their houses. Dr. Ganesh Rajak gave a lecture on the relevance of Yoga in the day-to-day life of mankind. He said it is a physical, mental and spiritual practice which is an exclusive gift from ancient India. He emphasized the fact that students need Yoga as it is useful to pacify the mind and the body. Dr. A.K. Dey, Principal of TDB College, Raniganj discussed about the history and origin of Yoga. He also said Yoga is not just about exercise. It is a way to discover the sense of oneness with yourself, the world and nature. The cadets had taken the photos and made videos. They arranged posters also to highlight the absolute need of Yoga in our life cycle. In this way, Yoga Day was celebrated with great enthusiasm.


Dr. A.K. Dey
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T.D.B College, Raniganj
Principal
Triveni Devi Bhalotia College
Raniganj, Burdwan (W.B)


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